



Susanna Redekop

- Mother of 3
- 12 years in co-op development and support
- Masters student, York University 2022
- Convener, ecosystem builder



Co-ops are a means of:

Uplifting a People's History

- Some of the earliest forms of co-operative development found in India and China
- Ubuntu: South African concept of achieving ourselves by sharing ourselves with others is basis of all life and interactions
- The solidarity economy, economia solidaria, can be attributed to people's movements in South America
- In the Indigenous communities of Turtle Island "cultural patterns of economic co-operation were clearly engrained in the fabric of every tribe."
- In 19th century Europe, the Rochdale Pioneers formulated the prototype for the 7 Co-operative Principles

Source: Shenaz
Hossein, C. (2020).
Locating the
Contributions of the
African Diaspora in
the Canadian Co
operative Sector.
International Journal
of Co-Operative
Accounting and
Management, 21–45.
https://doi.org/10.3683
O/IJCAM.202014

Freedom Dreams'
webinar series
Transformation On
Our Own Terms, on
BIPOC co-op
histories, existence,
resistance



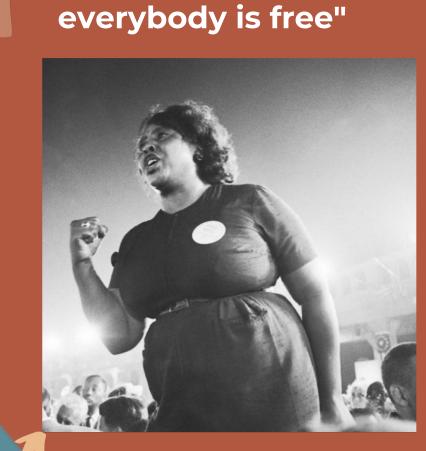
Solidarity Economy Principles



Liberation Culture



Democracy & Process



"No one is free until

Fannie Lou Hamer, civil rights activist, founder of

Freedom Farm Co-

operative



Shared Resources & Shared Vision

Accountability &

Relationship



Education & Leadership

Development



Accountability and Relationships



- We value relationships over transactions and single outcomes.
- We hold space for movement reflections and accountability to each other and our values.
- We respect the traditions and legacies of the work we are doing.
- We don't throw people organizations away, and we don't let harm slide. We embrace conflict as generative and clarifying.

"Nothing about us, without us"

What does that mean?

...what does that mean for us?



More meaningful representation is needed in decision-making positions

Moving beyond words toward action

Policies are a start, actions are harder but need to have follow through

Made for the people

The structures exist to serve a community's needs; investing back into the community



Care-Centered Practices

Rethinking how we care for each other



Barter and trade networks



Mutual Aid



Buying Clubs



Emergency Food and
Community Supported
Agriculture

Thank you for being here today

@freedomdreamscoop info@freedomdreamscoop.ca